Some people believe that competitive sports, both team and individuals, have no place in the school curriculum. To what extent do you agree or disagree?

Without doubt, sport is one of the important parts of the school curriculums. I strongly disagree with this statement as not only is sport **practical**<u>beneficial/useful</u> for students in terms of physical and mental health, but also is quite beneficial to their future's life.

Firstly, to some experts physical activity is a necessary part of the school lessons to all pupils and for this reason on the basis of <u>the</u> educational code, barely can you find a school that does not <u>include</u> sport in their curriculums. There are different sports fields in schools such as football, volleyball, tennis and etc. All students are encouraged to take part in a sport in order to <u>that</u> they can be active and happy. In addition, sport protects children against different diseases that are quite popular among them because of their modern <u>inactive/deskbound/</u> life style. These diseases consist of body posture problems, muscle weakness and obesity.

Secondly, competitive sports play a key role in shaping the character of students in school. They have to build up a team with their classmates. Accordingly, they acquire interpersonal and social interaction skills and also some leadership skills that are quite beneficial to them. Besides, all team sports teach pupils how to face success and failure and how they obey the rules of the games as well. In fact, students through sport lessons learn informative tips that are much more essential to their future. For instance, managing of some crucial occasions in their future's jobs is really easy to for these students who have such experiences.

To conclude, it is clear that competitive sports <u>is-are</u> quite important for students in school in many ways and without sport curriculums the atmosphere of school will be tedious and students will not have enough motivation to do exercise which is <u>practical beneficial</u> to them.